



September Snack Menu



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Morning	31. Nutrigrain Bars & Fruit	1. Cereal & Milk	2. Bagels & Cream Cheese	3. Rice Cakes & Sun Butter	4. Mini Pancakes & Fruit
Afternoon	Fruit Strips & Goldfish	Salami, Cheese & Crackers	Tortilla Chips w/ Salsa & Sour Cream	Oranges & Veggie Straws	Dino Nuggets and Fruit
Morning	7. Happy Labor Day!	8. French Toast Sticks	9. Special K Bars & Fruit	10. Pancake Wrapped Sausages	11. Mini Muffins & Fruit
Afternoon		Dill Pickles & Cheese-its	Ham & Cheese Mini Sandos	Apples & Popcorn	Pudding & Nilla Wafers
Morning	14. Breakfast Sandwiches	15. Cereal & Milk	16. Bagels & Cream Cheese	17. Rice Cakes & Sun Butter	18. Mini Pancakes & Fruit
Afternoon	Fruit Strips & Goldfish	Salami, Cheese & Crackers	Tortilla Chips w/ Salsa & Sour Cream	Oranges & Veggie Straws	Applesauce & Graham Crackers
Morning	21. Nutrigrain Bars & fruit	22. French Toast Sticks	23. Special K Bars & Fruit	24. Pancake Wrapped Sausages	25. Mini Muffins & Fruit
Afternoon	Pretzels & Cheese Sticks	Dill Pickles & Cheese-its	Ham & Cheese Mini Sandos	Apples & Popcorn	Pudding & Nilla Wafers
Morning	28. Bagels & Cream Cheese	29. Cereal & Milk	30. Breakfast Sandwiches	1. Rice Cakes & Sun Butter	2. Mini Pancakes & Fruit
Afternoon	Fruit Strips & Goldfish	Salami, Cheese & Crackers	Tortilla Chips w/ Salsa & Sour Cream	Oranges & Veggie straws	Applesauce & Graham Crackers
1% Milk and/or Water is served with every snack					